

Walk 3

5 miles. 2½ hours. OR 2½ miles. 1½ hours.

OS Explorer map 105

MYLOR BRIDGE - HALWYN - RESTRONGUET WEIR - GREATWOOD - MYLOR BRIDGE.

Both walks have superb creek and river views. The 5 mile walk has a longish stretch along quiet roads but the views make it worthwhile.

- A** The walk starts at the public car park in **Mylor Bridge** grid reference SW804 362. Cross the road from the car park entrance and go along **Trevellan Rd** to the quay. Turn left at the end of the quay up the public footpath. Follow this hedged track steadily uphill. It eventually comes out into open fields. Continue ahead keeping the hedge on your right to come out onto the road.
- B** You now have a choice. For the shorter walk go down the road signed to **Weir** and on reaching the beach turn right. Now pick up the walk at point **D**. For the longer walk turn left along the road, passing the lane on the right down to the Pandora Inn, to a road junction.
- C** Here bear right and 250 yards beyond the entrance to **Tregunwith Farm** Camping and Caravanning Club site turn right down the signed public footpath. You may need to look for the sign tucked into the hedge. Follow this clear track downhill to **Halwyn**, then bear diagonally right with the track down to the river. Continue on the path, which becomes a narrow road, along the river bank to the thatched **Pandora Inn**. Pass in front of the Inn and several other properties to the beach at **Restronguet Weir**, using the signed path through Weir Orchard if the tide is too high to cross the beach.
- D** Go on through a gate always keeping to the lower path by the river. Pass Barn and Clone cottages on the right and follow the track to pass **Greatwood House** on your left. When you reach the main drive to the House continue uphill for approximately 100 yards then turn left onto a footpath signed **Mylor Bridge**.
- E** Follow the path down through the woods to **Greatwood Quay** opposite Mylor Harbour. Continue on the well worn path by the river bank, keeping to the lower edge of fields. Cross a causeway and continue through woodland and fields onto a beach. Immediately turn sharp right and go through a gate off the beach into a field. Cross the field keeping towards the lower edge to a small gate and out along a narrow path to **Trevellan Road**.
- F** Cross the end of the road to the signed footpath and follow it round to the road again. Continue along the road back to your starting point.

Map 3

NOT TO
SCALE

